



Disentangling Diverse Measures: A Survey of Financial Stress Indexes

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The recent financial crisis helped emphasize the need for measures of financial conditions. In the wake of the crisis, several researchers and institutions—both private sector and central bank—developed measures of financial stress. These measures are intended to capture, among other things, the liquidity in financial markets and potentially forecast changes in real economic conditions. Unfortunately, there is no agreement about which variables should be included in a measure of stress. The authors survey a number of financial stress indexes, comparing the datasets from which they are constructed. In principle, each of the indexes measures the same thing; thus, they should be highly correlated. The authors find that in practice, however, the correlations are high but not as high as might be expected. They also evaluate the ability of the indexes to predict future economic activity in a simple vector autoregressive forecasting model. (JEL E44, E66)

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Economists recognize that adverse shocks to the financial sector can have significant effects on the real economy. The chance that financial instability will lead to macroeconomic instability is often termed “systemic risk.” For example, in 2008, policymakers learned that financial market turmoil resulting from the bankruptcy of Lehman Brothers and the near-failure of American International Group (AIG) had far-reaching effects on the macroeconomy through asset prices and other key financial market indicators.¹

The recent financial crisis and subsequent recession provide another example of these effects. If financial crises could be predicted ahead of time, policymakers might have an opportunity to mitigate the damages—or perhaps avoid them altogether. Historically, though, policymakers have been unable to predict such crises, in part because they have lacked proper indicators of financial instability.

One of the key “take-away” messages for policymakers from the 2007-08 experience is that predicting financial crises *ex ante* remains extraordinarily difficult. This task is perhaps made more difficult because financial crises often take different forms and are triggered by qualitatively different shocks.²

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Selected Abbreviations

ADS	Arouba-Diebold-Scotti Business Conditions Index
ANFCI	Federal Reserve Bank of Chicago Adjusted NFCI
BFCI	Bloomberg Financial Conditions Index
CFSI	Federal Reserve Bank of Cleveland Financial Stress Index
CISS	Composite Indicator of Systemic Stress (Europe)
CLNFCI	Carlson, Lewis, and Nelson (2012) Financial Condition Index
GSFCI	Goldman Sachs Financial Conditions Index
IMFFSI	International Monetary Fund Advanced Economies Financial Stress Index
KCFSI	Federal Reserve Bank of Kansas City Financial Stress Index
MAFCI	Macroeconomic Advisers' Monetary and Financial Conditions Index
NFCI	Federal Reserve Bank of Chicago National Financial Conditions Index
STLFSI	Federal Reserve Bank of St. Louis Financial Stress Index
VIX	Chicago Board Options Exchange Market Volatility Index

In their efforts to address this shortcoming, economists have developed an array of statistical indicators designed to measure financial instability (see the boxed insert). These indexes are often termed “financial stress indexes” (FSIs) or “financial conditions indexes” (FCIs) depending on the variables used to construct them. In reality, though, financial stress cannot be measured like other economic indicators (e.g., gross domestic product [GDP] or employment), which count tangible objects such as workers, jobs, or the value of production. Instead, these indexes measure latent conditions and are constructed from other economic and/or financial data using sophisticated statistical techniques long in use by economists and statisticians.

Economic policymakers also have a vested interest in measuring financial instability. In the United States, measuring financial stress to help identify emerging systematic risks has been enshrined in the Dodd-Frank Wall Street Reform and Consumer Protection Act of 2009. Among a myriad of other provisions, this act established the Financial Stability Oversight Council (FSOC) and the Office of Financial Research (OFR). Since the FSOC consists of the heads of the nation’s key regulatory agencies (e.g., the Federal Reserve, the Federal Deposit Insurance Corporation, and the Securities and Exchange Commission), its mandate is to prevent financial stresses from propagating into systemic threats, thereby negatively affecting economic growth and material welfare (Lo Duca and Peltonen, 2011). Together the FSOC and the OFR can be viewed as a key part of the nation’s real-time early warning system for policymakers.

As intimated above, measuring financial conditions and identifying emerging threats to financial stability is difficult. Because no single consensus definition, let alone measure, of financial stress exists, one goal of this paper is to describe how financial instability has been measured in the literature. Admittedly, the literature is becoming increasingly populated with articles that survey the available indicators and attempt to assess their reliability. These include papers by Hatzius et al. (2010), Hollo et al. (2012), and Oet et al. (2011, the Federal Reserve Bank of Cleveland’s FSI [CFSI]). Although this paper is in the spirit of the preceding survey articles, we aim to provide a perspective that is more readily accessible to a nonacademic audience. Analyzing

the construction of various FSIs allows us to assess whether they are useful real-time indicators of the state of the economy.

We consider a number of U.S. and international financial indexes. A second goal of our paper is to empirically assess both the correlation of these indexes—for example, whether there is significant co-movement across the indexes—and their predictive power. Regarding the latter point, we seek to determine whether these indexes can accurately predict economic and financial activity, as measured by the growth of industrial production, real GDP, and U.S. equity prices as measured by the Wilshire 5000.

The rest of the paper is outlined as follows. The following section discusses the definition of financial stress and how it is measured. In this section, we also clarify the relationship among financial stress, FSIs, and FCIs. Next we review a number of international FSIs. The following section compares the different indexes and considers how well they predict macroeconomic variables. The last section provides our conclusions.

FINANCIAL STRESS INDEXES VERSUS FINANCIAL CONDITIONS INDEXES

Financial markets are inherently forward-looking. Economic shocks that cause financial market participants to revise their expectations of future returns are quickly embedded in current asset prices and then transmitted into the rest of the financial sector and the real economy. Financial stress may increase if conditions change because of one of these shocks. While financial stress is universally viewed as negative, the term itself is subject to various definitions and interpretations (Table 1). To economists and those active in financial markets, financial stress might be thought of as an increase in the probability of default on a security, such as a corporate bond.

For bonds, stress is reflected in interest rates on debt securities with different default risks or in an increase in volatility measures constructed with options prices. One common measure of stress is an interest rate spread, such as that between the interest rate on so-called risk-free debt (U.S. Treasury securities) and interest rates on so-called risky securities, such as a composite yield on corporate investment- or speculative-grade bonds. For stocks, expectations of lower earnings or smaller dividends are reflected in their prices.³

Measures of aggregate financial stress would summarize sets of these probabilities for broad categories of products or markets. Following Abdymomunov (2012), we define market-level financial stress as a mix of conditions, in which “market participants experience increased uncertainty or change their expectations about future financial losses, fundamental value of assets, and economic activity” (p. 2). This definition implies that financial stress is a multidimensional problem: It involves a number of (simultaneous or temporally proximate) exogenous shocks to factors from banks and financial markets. Rather than measuring these factors/shocks directly, an FSI looks for evidence of these shocks. Thus, the level of the FSI indicates the interaction of financial vulnerabilities and the size of shocks (Grimaldi, 2010, 2011); extreme values occur in times of panic/crashes/crises.

In general, FSIs try to monitor financial instability by creating a time series of values in which increases indicate the increased likelihood of a crisis. The data that comprise these indexes tend to contain information on spreads, correlations, and interest rates, some of which have been aggregated first into subindexes and then into the final FSI measure. FCIs, on the other

Table 1**Definitions of Financial Stress and/or What Each Index Seeks to Measure**

Index	Definition
BFCI (Rosenberg, 2009)	<p>“Tracks the overall stress in the U.S. money market, bond market, and equity market and provides a useful gauge to assess the availability and cost of credit in the U.S. financial market” (p. 12).</p> <p>“How far trends in U.S. money-market spreads, bond-market spreads, and key equity-market indicators are deviating from historical normal” (p. 10).</p>
Grimaldi (2010, 2011)	<p>“Stress is the product of vulnerable markets and shocks...we can think of the level of stress as being determined by the interaction between financial vulnerabilities and the size of shocks. The more fragile financial conditions are, i.e. the more vulnerable markets are, the more likely a shock is to result in stress” (p. 4).</p>
Danninger et al. (2009)	<p>No clear definition, but signs of stress include “financial turmoil,” “exchange rates under pressure, leading to a combination of depreciation and depletion of foreign reserves,” “dwindling capital inflows,” “withdrawals from emerging economy equity and debt funds,” and “bank lending was scaled back.”</p>
Lo Duca and Peltonen (2011)	<p>Systemic risk: “[E]vents when financial instability becomes so widespread that it impairs the functioning of the financial system to the extent that economic growth and welfare suffer materially” (p. 6).</p> <p>“Episodes of extreme financial stress that [have] led to negative real economic consequences on average” (p. 6).</p>
Cardarelli, Elekdag, and Lall (2011)	<p>“Extreme values of a composite variable...built using market-based indicators in real time and high frequency” (p. 80).</p>
Nelson and Perli (2007)	<p>Financial instability that “can impede economic activity and reduce economic welfare”; signs: dysfunctional financial markets, strained key institutions.</p>
Brave and Butters (2011, 2012)	<p>Financial instability.</p>
Carlson, Lewis, and Nelson (2012)	<p>Markets that are not “functioning or behaving in a typical fashion” (p. 3); “impaired functioning might take the form of increased difficulty in executing transactions or an inability of intermediaries to fund their market-making operations at usual tenors. Fragility might take the form of exceptionally heightened sensitivity to new information or shocks” (p. 12).</p>
Illing and Liu (2006)	<p>“Stress increases with expected financial loss, with risk (a widening in the distribution of probable loss), or with uncertainty (lower confidence about the share of the distribution of probable loss)” (p. 2).</p>

hand, tend to use other types of financial and nonfinancial variables to measure financial instability. Although Table 2 indicates considerable overlap between FCIs and FSIs, the primary difference is that the former tend to contain quantities, prices, and economic indicators, whereas the latter generally use only prices. For example, Hatzius et al. (2010) use measures of bank credit, debt, asset-backed securities, and surveys of consumers and small businesses. In addition, some FCIs—such as the Macroeconomic Advisers (2003) Monetary and Financial Conditions Index (MAFCI)—are designed to map directly into changes in real GDP (e.g., an X-percent change in financial conditions corresponds to a Y-percentage-point change in future real GDP). Thus, FCIs tend to encompass a larger universe of financial variables. In some cases, they are described in terms of deviations from long-term trends.

Table 1, cont'd**Definitions of Financial Stress and/or What Each Index Seeks to Measure**

Index	Definition
Oet et al. (2011)	"Two consecutive weeks of market volatility above the previous quarterly thresholds, or concurrent volatility in at least two distinct markets" (p. 32).
Hollo, Kremer, and Lo Duca (2012)	"The current state of instability, i.e. the current level of frictions, stresses and strains (or the absence of these) in the financial system" (p. 3).
Louzis and Vouldis (2011)	Systemic stress = the "amount of systemic risk which has materialized, systemic risk, in turn, can be defined as the risk that financial instability becomes so widespread that it impairs the functioning of a financial system to the point where economic growth and welfare suffer materially" (p. 4).
Abdymomunov (2012)	"A condition of financial markets when market participants experience increased uncertainty or change their expectations about future financial losses, fundamental value of assets, and economic activity" (p. 1).
Hansen (2006)	Risk
Hanschel and Monnin (2005)	"The current condition of the Swiss banking sector" (p. 431). "The stress indicator represents a continuum of states which describe the banking sector's condition at a given point in time...stress emerges from the combination of exogenous shocks and fragilities in the banking system" (p. 432).
Sandahl et al. (2011)	"A disruption that impairs the financial markets' ability to act as an efficient intermediary between lender and borrower or buyer and seller. By efficient, we mean that there is good market liquidity and an even distribution of information between the agents in the market" (p. 51).
Hakkio and Keeton (2009)	A period that is characterized by at least one of the following five circumstances: uncertainty over the fundamental value of financial assets, uncertainty over other investors' behavior, information asymmetries, substantially increased demand for assets with very low risk (flight to quality), and substantially increased demand for assets with very good liquidity (flight to liquidity).
Morales and Estrada (2010)	Bank profitability and probability of default.

An FCI can also be used to predict changes in economic business cycles. As such, an FSI can be considered a snapshot of the level of fragility in the financial market and an FCI a mapping of financial conditions onto macroeconomic conditions (Carlson, Lewis, and Nelson, 2012; CLNFCI). In this sense, FSIs have "no natural observable counterpart in the real world" (Louzis and Vouldis, 2011, p. 3) and can only be measured relative to themselves, while FCIs assume a relationship between the financial sector and an element of the macroeconomy. Given their design, then, these types of FCIs might be expected to be better predictors of real economic activity.

The first step in gauging the cyclical properties of each type of index, as well as their co-movement (if any), is to plot an FSI and an FCI. Figure 1 plots two measures: the Federal Reserve Bank of St. Louis Financial Stress Index (STLFSI; Kliesen and Smith, 2010) and the Federal Reserve Bank of Chicago National Financial Conditions Index (NFCI; Brave and Butters, 2011). The two measures moved rather closely together before 2000 and from 2007 to the present, but

Table 2

U.S. Index Variables

Indicator	Indexes										
	STLFSI	CLNFCI	NFCI	Hatzius et al.	FRB	CFSI	Cardarelli et al.	KCFSI	BFCI	GSFCI	MAFCI
Fundamentals											
(Effective) Federal funds rate	x										x
Federal funds rate – 3-month Treasury spread											
Federal funds rate – Repo rate spreads			x								
Federal funds rate – 2-year Treasury yield spread		x			x						
Federal funds rate – 3-month Treasury yield spread					x						
LIBOR – Federal funds target rate spread			x			x					
1-year – 1-month LIBOR spread			x								
Real 3-month LIBOR										x	
10-year nominal Treasury – TIPS yield spread	x										
3-month Eurodollar – U.S. Treasury spread			x								
3-month Eurodollar confidence interval, 1 year ahead					x						
Money (M1) stock				x							
Oil prices				x							
Foreign exchange											
Covered interest spread from various U.S.-U.K. Treasury bill rates						x					
FRB broad nominal exchange rate											x
Real Goldman Sachs Trade-Weighted Dollar Index										x	
Time-varying exchange rate volatility: GARCH(1,1)							x				
Weighted dollar crashes calculated from trade-weighted U.S. exchange index: Major currencies						x					
Quality premium											
(12-month-ahead S&P earnings/S&P prices) – 10-year Treasury yield spread		x			x						
3-month commercial paper rate – 3-month Treasury spread	x								x		
90-day commercial paper rate – 3-month Treasury secondary market rate spread						x					
1-month nonfinancial commercial paper rate – AA credit spread			x								
10-year A bank bond index – 10-year Treasury yield spread						x					
AA bond – Treasury security spread		x			x						
AAA corporate bond – 10-year Treasury yield spread						x	x				
Agency – Treasury spread									x		
Baa corporate bond – 10-year Treasury yield spread	x		x	x							
Baa – Aaa corporate bond spread							x				

Table 2, cont'd

U.S. Index Variables

Indicator	Indexes										
	STLFSI	CLNFCI	NFCI	Hatzius et al.	FRB	CFSI	Cardarelli et al.	KCFSI	BFCI	GSFCI	MAFCI
BBB bond rate – Treasury rate spread		x			x						
Bond Market Association municipal swap index – 20-year Treasury yield spread			x						x		
Corporate bond yield – Long-term government bond yield spread							x		x		
Correlation of returns on equities and Treasury securities				x							
Stock – bond correlation								x			
Merrill Lynch U.S. High-Yield Master II Index	x										
Merrill Lynch U.S. High-Yield Master II Bond Index – Baa spread			x	x				x			
Merrill Lynch U.S. High-Yield Master II Index – 10-year Treasury spread	x								x		
7-year high-yield corporate bond – Treasury security spread		x			x						
Total market capitalization-to-nominal GDP ratio										x	
Equity markets											
Broker-dealer debit balances in margin accounts				x							
Broker-dealer leverage			x	x							
Credit Derivatives Research Counterparty Risk Index			x								
Change in stock index							x				
Citigroup financial – Corporate credit bond spread			x								
Cross-section dispersion of bank stock returns								x			
Financial beta						x	x				
Financial market cap				x							
JP Morgan Emerging Market Bond Index	x										
Market capitalization			x								
S&P 500 Share prices									x		
S&P Financials-to-S&P prices ratio			x								
Dividend-to-price ratio											x
Stock market crashes using S&P 500 Financials						x					
Vanguard Financials Exchange-Traded Fund (equities)	x										
Wilshire 5000			x	x							
Term premium											
10-year Treasury – 2-year Treasury spread											
10-year Treasury – 3-month Treasury spread	x			x							
10-year commercial paper – 3-month commercial paper rate spread											

Table 2, cont'd

U.S. Index Variables

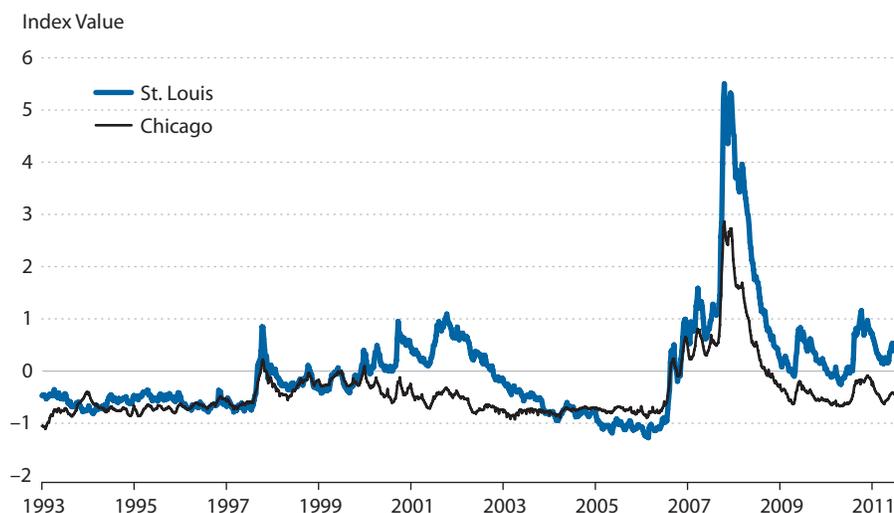
Indicator	Indexes										
	STLFSI	CLNFCI	NFCI	Hatzius et al.	FRB	CFSI	Cardarelli et al.	KCFSI	BFCI	GSFCI	MAFCI
10-year – 3-month Treasury yield curve				X		X					
2-year Treasury – 3-month Treasury spread			X	X							
3-month – 1-month CD spread		X									
3-month – 1-week AA commercial paper spread			X								
Inverted term spread							X				
2-year swap spread								X			
Liquidity premium											
2-year swap – 2-year Treasury spread			X								
2-year Treasury on-the-run premium		X			X						
10-year swap – Treasury yield spread			X						X		
10-year Treasury on-the run yield		X			X						
Off-the-run – On-the-run 10-year Treasury spread			X					X			
LIBOR – OIS spread	X			X					X		
Repo market data			X								
TED spread	X	X	X	X		X	X	X	X		
Yields											
2-year Treasury yield	X										
10-year Treasury yield	X		X	X							
30-year Treasury yield	X										
Real A bond yield										X	
Aaa corporate bond yield											X
Baa corporate bond yield	X										
Citigroup corporate bond yields			X	X							
Merrill Lynch Asset-Backed Master BBB-rated	X										
Volatility											
3-month Treasury bid-ask spread						X					
Bank CDS spread				X							
Idiosyncratic volatility of banking industry				X				X			
Time-varying stock volatility: GARCH(1,1)							X				
Eurodollar implied volatility		X			X						
Private long-term bond implied volatility					X						
10-year Treasury bond implied volatility		X			X						
Merrill Lynch Bond Market Volatility Index	X										
Merrill Lynch Option Volatility Expectations			X								
Merrill Lynch Swaptions Volatility Expectations			X								

Table 2, cont'd

U.S. Index Variables

Indicator	Indexes										
	STLFSI	CLNFCI	NFCI	Hatzius et al.	FRB	CFSI	Cardarelli et al.	KCFSI	BFCI	GSFCI	MAFCI
VIX (VXO)	x	x	x	x	x			x	x		
Consumer prices											
30-year conventional mortgage – 10-year Treasury rate spread				x							
Mortgage rate spreads				x							
5-year AAA CMBS rate – Treasury spread			x								
Consumer ABS – Treasury spread			x					x			
MBS – 10-year Treasury yield spread			x								
Car loan interest rate – 2-year Treasury spread				x							
Personal loan interest rate – 2-year Treasury spread				x							
Perceived consumer credit conditions			x	x							
Household equity net worth											x
Property price indexes			x	x							
Quantities											
Bank deposits											
Bank loans											
Bank credit				x							
Debt issuance			x	x							
Debt outstanding			x	x							
Commercial paper issuance				x							
Commercial paper outstanding			x	x							
Private nonfinancial debt				x							
Government liabilities				x							
Other information											
Number of indicators	18	12	100	45	12	11	7	11	10	4	5
Start year	1993	1994	1973	1970	1994	1990	1980	1990	1991	1990	1982
Frequency	W	D	M	Q	W	D	Q	M	D	D	Q

NOTE: D, Daily; M, monthly; Q, quarterly; W, weekly; ABS, asset-backed securities; CD, certificate of deposit; CDS, credit default swap; CMBS, commercial mortgage-backed securities; GARCH(1,1) general autoregressive conditionally heteroskedastic model that lags on only one squared return and only one variance; MBS, mortgage-backed securities; repo, repurchase agreement; VXO, Chicago Board Options Exchange S&P 100 Volatility Index.

Figure 1**St. Louis FSI and Chicago Fed NFCI**

deviated considerably in the intervening years. Although the sample period correlation is quite high (0.90), it is also interesting that the NFCI has been below zero for a large percentage of the sample period. Although both measures indicated extremely high levels of stress in 2007-08, the STLFSI indicated heightened levels of stress for a longer period, in contrast with the NFCI. Further, the STLFSI indicated rising levels of stress (above 0) in 2000-01 and more recently in 2010-12 with the increase in financial market turmoil stemming from the sovereign debt crisis in Europe. In both cases, though, the indexes would predict expectations of weaker growth arising from an increase in the index.

Index Construction: Data

Researchers confront some trade-offs when examining which data to use to measure financial conditions. The first trade-off concerns time span. FSIs or FCIs with longer samples could be constructed using stock prices, exchange rates, and interest rates on Treasury and corporate bonds. The advantage of constructing a longer series is that its predictive properties, including its relationship to macroeconomic indicators, might be better tested over several business cycles. By contrast, using relatively new measures with limited history, such as overnight index swap rates, credit default swap spreads, or the London Interbank Offered Rate (LIBOR), might limit the historical content of the index. These newer measures, though, may be better measures of financial conditions and, in some cases, warrant sacrificing longer samples. Table 2 and Appendix A indicate that FSI start dates range from 1970 to 2000.

A second trade-off is related to the frequency (i.e., quarterly, monthly, weekly, or daily) at which the input data are observed. One potential advantage of using higher-frequency data is that they may better facilitate real-time decisionmaking. That is, to the extent that shocks can

be more quickly identified with weekly data than monthly data, policymakers may be able to assess rapidly evolving economic conditions—such as in the fall of 2008—in a more timely manner. In general, the decision to use higher-frequency data (for example, weekly observations rather than monthly observations) means shorter samples (see Table 2). High-frequency data also tend to be more volatile and may yield false signals.⁴

In an attempt to mitigate the problems associated with the lack of ideal data, the number of variables used to construct an FSI or FCI ranges from 5 (MAFCI) to 100 (NFCI). Indexes with more variables (e.g., the NFCI; Hatzius et al., 2010), however, tend to classify themselves as FCIs and tend to contain a larger number of additional price and consumer finance variables. Further, indexes with more variables tend to incorporate data observed at multiple frequencies or multiple principal components (PCs), in addition to taking advantage of an unbalanced panel (Hatzius et al., 2010).⁵

Different researchers choose data that they believe reflect important aspects of the financial market to construct measures of financial stress. Although the categories are somewhat subjectively chosen, these include economic fundamentals, yields, interest rate spreads that measure risk premiums, interest rate spreads that measure the term premium, interest rate spreads that measure the liquidity premium, stock market indicators, volatility indicators, foreign exchange indicators, spreads with consumer lending rates, and quantities.

Table 2 also contains a (noncomprehensive) list of the indicators that fall into each of these categories. The overlap across the various stress indexes is substantial, as expected. The economic fundamentals include the federal funds rate and interest rate spreads, such as the 1-year – 1-month LIBOR spread and the 10-year nominal Treasury – 10-year Treasury Inflation-Protected Securities (TIPS) yield spread. These variables are intended to capture inflation expectations and uncertainty due to monetary policy. Other yields are added to examine individual financial variables, such as yields on Treasury securities and commercial paper rates of various maturities.

Credit spreads, which are a measure of risk premiums, are another popular indicator. For example, the interest rate spread between two different types of financial instruments with the same term length is viewed as a measure of investors' appetite for risk relative to the variation in instrument quality. Generally, the spreads in this category are those between yields on investment- or non-investment-grade corporate bonds and Treasury securities. A rise in this spread might also be viewed as an increase in default risk associated with certain bonds, such as "junk bonds." This spread could also change if financial turmoil in global markets leads to a flight to quality, which tends to lower yields on Treasury securities. This phenomenon occurred in 2011 and 2012 during the European sovereign debt crisis. Another type of risk premium measures the yield spread between the same financial instruments but with different term lengths. This type of spread is known as a term premium. The best-known term premium is the difference between the yield on 3-month Treasury securities and 10- or 30-year Treasury securities.

Another type of risk is liquidity risk. Liquidity risk captures the relative ease (or difficulty) of converting financial assets into cash or its equivalent. One popular type of liquidity premium uses on-the-run and off-the-run Treasury spreads, the Treasury bill – eurodollar (TED) spread, and/or the LIBOR – Overnight Indexed Swap (OIS) spread.⁶ The liquidity premium data indicate perceived credit risk and, thus, perceived risk of interbank loan defaults. In addition to using government-backed securities, many FSIs consider equity markets by incorporating composite

equity prices measures, such as the financial beta, the financial market cap, bank stock returns, and indexes of investment grades. These variables generally reflect expectations surrounding company profitability and overall market profitability.

Similarly, the set of market volatility indicators helps FSIs capture investor uncertainty. The Chicago Board Options Exchange Market Volatility Index (VIX), the idiosyncratic volatility (IVOL) of bank stock prices, Merrill Lynch Option Volatility Expectations, Merrill Lynch Swaption Volatility Expectations, and 3-month Treasury bill bid-ask spread measure the contribution of investor uncertainty to financial stress.⁷

A few FSIs also use foreign exchange measures that evaluate the strength of the U.S. dollar use measures of (i) a broad trade-weighted real exchange rate, (ii) time-varying exchange rate volatility, (iii) U.S.-U.K. covered interest rate differentials, or (iv) real exchange rate growth. These indicators help measure the interconnectedness of international financial markets and the overall strength of the U.S. (or home) economy relative to the global economy. Flight-to-quality effects during global financial turmoil also tend to be reflected in exchange rates.

The final two types of indicators—consumer interest rate spreads and quantities—are usually found only in FCIs. The consumer rate spreads take into account interest rate spreads on mortgages, car loans, personal loans, mortgage-backed securities, and asset-backed securities, as well as perceptions of credit conditions from consumer surveys. The quantity index takes into account stock quantities of loans, commercial paper issuance, and debt outstanding.

From this large list of indicators, the most often used variable categories are quality, term, and liquidity premium indicators: Every article studied here uses at least one of the variables in each of those categories. Overall, the most frequently used variable is the TED spread, which is used in eight indexes: Cardarelli, Elekdag, and Lall (2011); Hatzius et al. (2010); the Kansas City Fed's FSI (KCFSI, Hakkio and Keeton, 2009); Bloomberg FCI (BFCI; Rosenberg, 2009); CFSI; CLNFCI; STLFSI; and NFCI. The second most-used indicator is the VIX, which is used in six indexes: Nelson and Perli (2007), KCFSI, CLNFCI, STLFSI, NFCI, and BFCI. The third most-used indicator is the 10-year Treasury – 3-month Treasury spread, which is used in four of the indexes: Hatzius et al. (2011), KCFSI, CFSI, and STLFSI.

Table 2 also shows that, within the same index, a single FSI may use a number of variables from the same data category. This redundancy provides a more detailed picture of an extremely complex financial market. On the other hand, adding more redundant indicators may not improve the index (Lo Duca and Peltonen, 2011). Furthermore, according to Grimaldi (2010, 2011), too many variables could lead to more false “high stress episodes.” In other words, too many similar variables may oversignal/overestimate the level of financial stress by overweighting a particular aspect of financial stress.

Data Aggregation

Once the data for an FSI are collected, they must be aggregated into one measure. Economists often summarize the information in several series with a single index (e.g., the indexes of coincident, leading, and lagging indicators). Indexes may better capture the co-movement of a broad array of economically important series across the business cycle or they may simply be easier to digest.

In order to construct the FSIs and FCIs, the data are generally converted to a common unit. The most common conversion is standardizing each variable; this is usually done by subtract-

ing its historical (sample) mean and dividing by its standard deviation (Nelson & Perli, 2007; Cardarelli, Elekdag, and Lall, 2011; CLNFCI; STLFSI; KCFSI). With this approach, fluctuations across variables are on the same scale. Other methods of standardization include studying the difference in a variable's level relative to an average from a reference period (the Goldman Sachs Financial Conditions Index [GSFCI], Dudley and Hatzius, 2000) or standardizing based on each indicator's cumulative density function (CDF; CFSI). More complicated methods include passing data through various filters (NFCI) or eliminating variability that can be explained by historical real activity of inflation (Hatzius et al., 2010).

In the process of constructing the indexes, data may also be grouped into subindexes. Grouping the data in this manner highlights the fluctuations in similar variables and is especially useful when multiple variables from the same subcategory are used. Four of the 11 U.S. FSIs we examined group the data into thematic subindexes and aggregate them within these subindexes. Two of these 4 indexes—the BFCI and Cardarelli, Elekdag, and Lall (2011)—aggregate the factors in each subindex using equal weighting.

The CLNFCI and Nelson and Perli (2007), on the other hand, use a different method. They create subindexes that measure 3 different traits (level, volatility, and co-movement) of 12 variables. The level subindex standardizes the variables based on their long-run averages, and the volatility subindex equally weights the sums of the squared 8-week rolling window changes in the data. In the CLNFCI, the comovement subindex uses PCs for a 26-week window. The comovement subindex in Nelson and Perli (2007) tracks the percentage of total variation of the individual variables that is defined by a single common factor.

The simplest method of aggregating indicators (or subindexes) into a final index is equal weighting (Cardarelli, Elekdag, and Lall, 2011, and BFCI). In this method, the indicators (subindexes) are averaged together to produce a final measure.

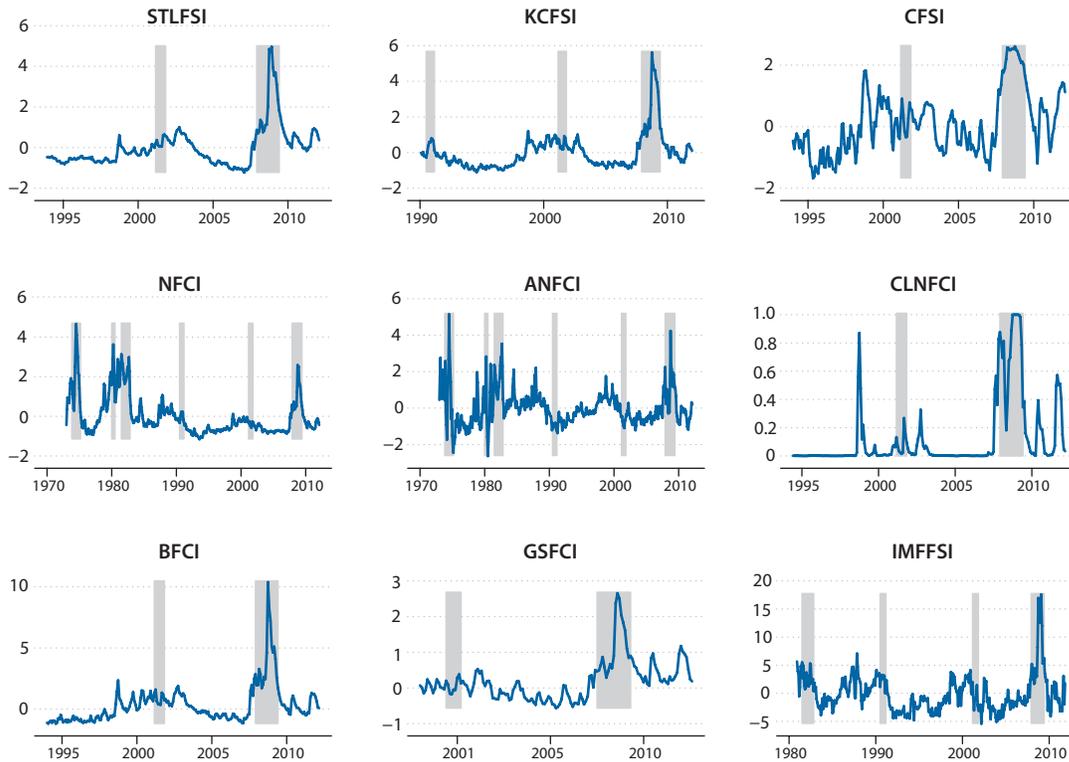
More complicated aggregation methods include regression-based, PCs, or credit-based weighting. Regression-based weights can be constructed by regressing the financial indicators on a measure of output growth (GSFCI). In following this method, additional meaning can be attributed to a rise in financial stress since a change in the level of each indicator directly correlates with a change in GDP growth. Regression-based weights can also be constructed using a logistic regression of known periods of financial stress (Nelson and Perli, 2007, and CLNFCI).

The indexes that do not use a regression-based method (Hatzius et al., 2010; STLFSI; KCFSI; NFCI) determine weights using PC analysis (PCA).⁸ In layman's terms, PCA assumes that each of the variables used to construct the FSI (see Table 1) captures some aspect of financial stress. As a result, as the level of financial stress in the economy changes, the variables used to construct the FSI are likely to move together. In the case of the STLFSI, it is assumed that financial stress is the most important factor in explaining the comovement of the 18 variables used to construct the index. This factor, which is the first PC, becomes the FSI. PCA is a relatively inexpensive method of extracting a common component among many variables.

The CFSI uses credit weights for its final stress measure. Rather than using weights determined by PCA, Oet et al. (2011) calculate weights using data from the Federal Reserve Board's flow of funds statistical release. In their methodology, the flow of funds data are separated into four sectors: bank loans, foreign exchange credit, equity, and debt. Then they calculate a

Figure 2

U.S. Financial Stress Indexes



NOTE: Shaded areas denote recessions as defined by the National Bureau of Economic Research.

z-proportion of the flow of funds through each of those sectors. After classifying their indicators into those sectors, Oet et al. average the z-proportion across the number of indicators in the sector.²

Figure 2 shows several FSIs for the United States. The shaded bars denote recessions as determined by the National Bureau of Economic Research (NBER) Business Cycle Dating Committee. FSIs do not appear to be (negatively) correlated with the business cycle. For example, the correlation between the STLFSI and the business cycle is 0.64.

Given the many weighting and aggregating schemes, does any particular method outperform the rest? Oet et al. (2011) and Illing and Liu (2006) compare alternative weighting schemes. Illing and Liu (2006) find that credit weights based on the sum of bank credit, corporate bonds, government bonds, equities, and U.S. dollar credit minimize errors attributable to rank ordering, minimize root mean squared errors (RMSEs), and Granger-cause financial stress crises. Oet et al. (2011) also find that credit weights based on the flow of funds are optimal if the FSI is intended to be an early warning sign of a crisis. They compared the number of stress episodes detected by candidate FSI series (credit weights, PC weights, equal variance weights, and equal weights) with the number detected by benchmark volatility measures (VIX, Merrill Lynch

Option Volatility Estimate Index, the implied volatility of the Deutscher Aktien Index, Lehman Brothers Swaptions Volatility Index, and Barclays Swaptions Volatility index).

FSIs FROM AROUND THE WORLD

How do the financial stress measures using U.S. data compare with those using international data? In this section, we discuss the general trends in variables and construction of FSIs from Greece (Louzis and Vouldis, 2011), Sweden (Sandhal et al., 2011), Canada (Illing and Liu, 2006), Denmark (Hansen, 2006), Switzerland (Hanschel and Monnin, 2005), Colombia (Morales and Estrada, 2010), and Hong Kong (Yiu, Ho, and Lin, 2010). We also discuss indexes that use data from multiple countries such as the euro area (Grimaldi, 2010, 2011; Hollo, Kremer, and Lo Duca, 2012); the International Monetary Fund (IMF, Cardarelli, Elekdag, and Lall, 2011; Danninger et al., 2009); and Lo Duca and Peltonen (2011).

Data

Of the international FSIs we examined (Table 3), the types of data used show considerable overlap with those used in U.S. measures of financial stress, reflecting the global nature of financial markets. The international FSIs all use data that assess the quality premium, term premium, liquidity premium, equity market, market volatility, and foreign exchange market. To do so, these indexes include bond quality spreads (i.e., AA corporate bond – government bond spreads), interbank rate spreads, stock price indexes, and volatility indexes. However, Morales and Estrada (2010) and Hanschel and Monnin (2005) almost exclusively use bank-specific data.

Aggregation of Index Components

Unlike the U.S. financial stress measures, most of the international FSIs we studied first aggregate their components into thematic subindexes and then aggregate those subindexes into the final composite financial stress measure. This strategy is used by the IMF (Danninger et al., 2009); Greece (Louzis and Vouldis, 2011); Hong Kong (Yiu, Ho, and Jin, 2010); Grimaldi (2010, 2011); and Hollo, Kremer, and Lo Duca (2011). With the exception of Grimaldi (2010, 2011), who creates subindexes based on Nelson and Perli (2007), these measures contain thematic subindexes. To aggregate the factors in the subindexes, authors use PCs (Louzis and Vouldis, 2011), equal weights (Danninger et al., 2009; Yiu, Ho, and Jin, 2010), and CDFs (Hollo, Kremer, and Lo Duca, 2011).

To aggregate indicators (or subindexes), authors use equal weights (Danninger et al., 2009; Lo Duca and Peltonen, 2011; Hansen, 2006; Sandhal et al., 2011; Yiu, Ho, and Jin, 2010; Hanschel and Monnin, 2005), credit weights (Illing and Liu, 2006), or regression-based methods (Grimaldi, 2010, 2011; Louzis and Vouldis, 2011; Hollo, Kremer, and Lo Duca, 2011). The most novel method—the portfolio-theory-based method used by Hollo, Kremer, and Lo Duca (2011) and Louzis and Vouldis (2011)—involves weights based on the number of markets in which financial stress is prevalent. In other words, the weights are dynamic and based on what the data show in each given situation. This method limits the likelihood of false stress incidents.

Figure 3 shows a few of the FSIs created for various countries. Visual inspection suggests a high correlation across countries consistent with the notion that financial stress spreads faster across borders than other economic shocks.

Table 3

International Financial Stress Data

Indicator	Indexes										
	IMFSI	Hansen	Sandhal et al.	Yiu	Hanshel et al.	Louzis & Voudis	Hollo et al.	Morales & Estrada	Grimaldi	Lo Duca & Peltonen	Illing & Liu*
Fundamentals											
Bank intermediation spread								X			
Banking distress indicator				X				X			
Monetary financial institutions emergency lending at central bank							X				
Foreign exchange											
Exchange rate volatility	X		X	X			X			X	X
Covered Canada – U.S. 90-day Treasury spread											X
Quality											
A financial – Nonfinancial bond spread							X				
AA-rated corporate debt – JP Morgan Emerging Markets bond index spread		X									
AA risk spread									X		
AAA – Government bond spread							X				
Banks' stock price idiosyncratic risk						X					
BBB-rated – AAA corporate bond debt spread		X									
BBB risk spread									X		
BBB – High-yield bond spread as a percentage of German bond spread						X					
Commercial paper rate – Government rate spread											X
Corporate bond yield spread	X										
Corporate bond yield spread											X
Equity risk premium									X		
Excess return of government bonds over equity index		X									
Government-issued debt – JP Morgan Emerging Markets Bond Index spread		X									
High-yield risk spread									X		
Sovereign government – External low-risk government debt spread				X		X			X		
Bank bond yield spread					X						
Equity											
Stock market returns	X										
Bank stock price index					X	X				X	
Stock & bond correlation						X	X				
Stock market prices						X			X		
Earnings per share						X			X		
Financial stock prices									X		

Table 3, cont'd

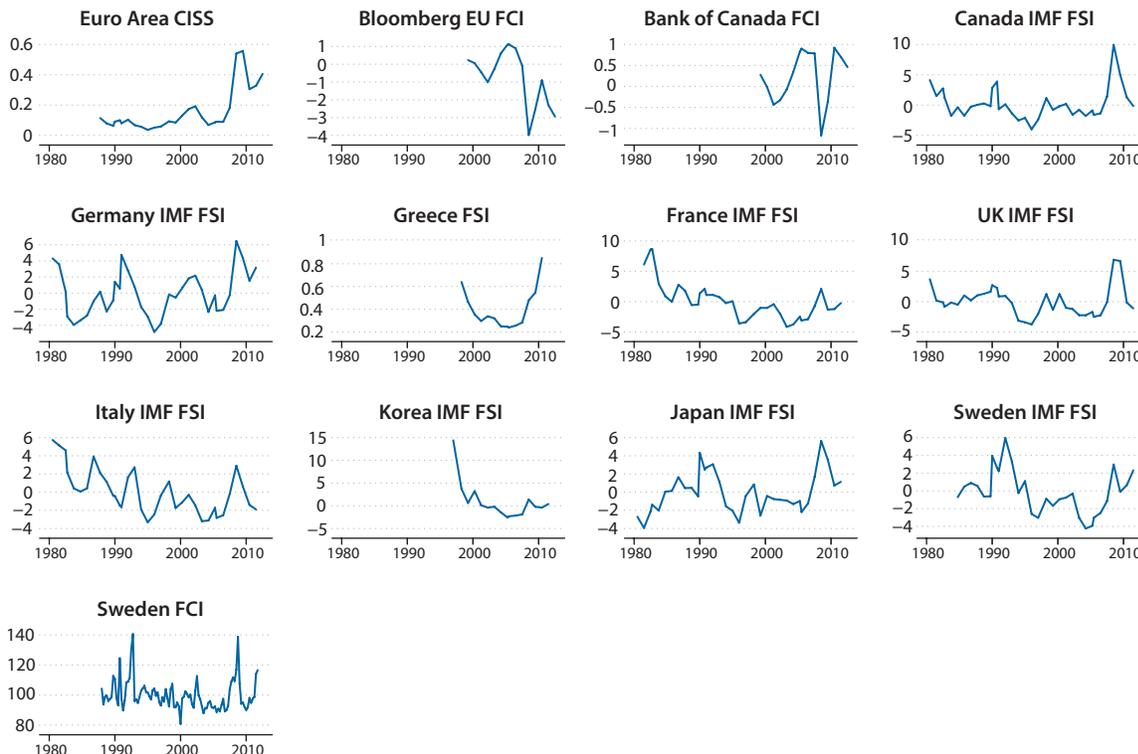
International Financial Stress Data

Indicator	Indexes											
	IMFSI	Hansen	Sandhal et al.	Yiu	Hanshel et al.	Louzis & Voudis	Hollo et al.	Morales & Estrada	Grimaldi	Lo Duca & Peltonen	Illing & Liu*	
Inverse price-to-book ratio							x					
Banking sector beta	x										x	
Term												
Inverted term spread	x			x								
Liquidity												
Interbank (TED) spread	x		x	x		x	x		x	x		
10-year euroswap – 10-year German government bond spread		x										
10-year interest rate swap spread							x					
Government bond bid-ask spread											x	
Volatility												
Stock market volatility	x	x	x	x		x	x		x	x		
1-year swap – 1-year-ahead implicit volatility		x							x			
10-year swap – 1-year-ahead implicit volatility		x							x			
Banking index realized volatility						x						
Euro Interbank Offered Rate volatility							x					
Government bond volatility						x	x			x		
Excess equity return realized volatility												
Long implied bond volatility							x		x		x	
Yield												
Inverted yield curve											x	
Consumer												
Perceptions of banking conditions					x							
Return on banking sector assets					x			x				
Refinancing rate – 2-year bond spread									x			
Covered bonds – government bond spread			x									
Quantity												
Bank balance sheet data					x	x		x				
Total interbank deposits					x							
Variation in bank capital					x							
Number of bank branches					x							
Other information												
Number of indicators	7	8	4	7	8	14	15	9	16	5	7	
Start year	1980	1999	1997	1997	1991	2001	1987	1995	1999	1990	1981	
Frequency	M	Q	M	M	M	M	W	M	D	Q	M	

NOTE: D, Daily; M, monthly; Q, quarterly; W, weekly.

Figure 3

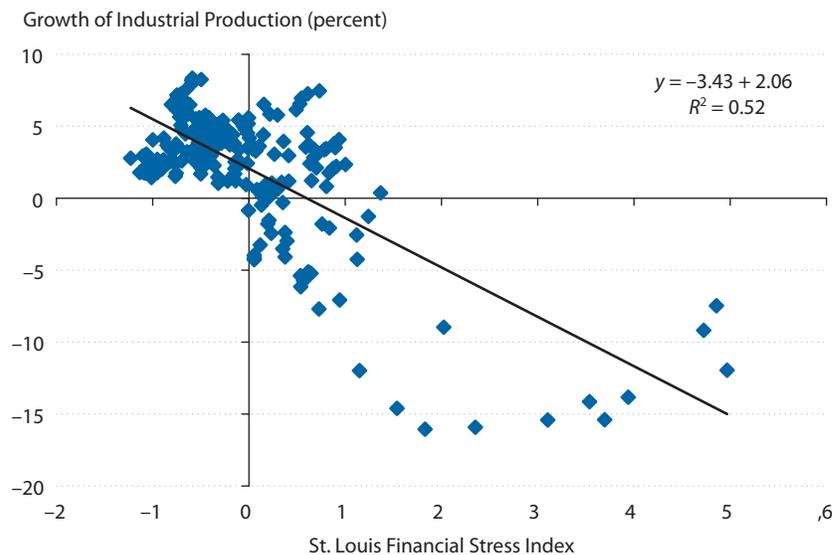
International Financial Indexes



EMPIRICAL ANALYSIS

In general, the usefulness of an indicator lies in its ability to measure what it was designed to measure. By and large, FSIs are designed to measure increases in financial instability, as depicted in measures such as rising risk premiums, falling asset prices, or increased volatility. Rising levels of financial stress (instability) tend to increase uncertainty and weaken the real economy by a variety of transmission mechanisms. These include reduced wealth, a reduction in bank lending, and balance sheet effects that reduce the value of a firm’s collateral. Figure 4 depicts this inverse relationship between financial stress and economic activity by plotting the monthly average of the STLFSI and the year-to-year growth of industrial production. The relatively high *R*-squared value (0.52) indicates that, consistent with our prior belief, relatively high levels of financial stress are associated with weak or negative growth of industrial production.

But does such a relationship exist with other measures of financial stress and other measures of economic activity? We consider this question in the remainder of this section in two ways. First, we compute the correlations among the measures of U.S. financial stress: the CFSI, the BFCI, the CLNFCI, the GSFSI, the NFCI, the Chicago Fed’s Adjusted NFCI (ANFCI; Brave and Butters, 2011), the STLFSI, the KCFSI, and the IMF’s Advanced Economies FSI for the U.S.

Figure 4**Inverse Relationship between Financial Stress and Economic Activity**

(IMFFSI).¹⁰ Then we perform some simple forecasting experiments designed to determine whether the stress indexes predict growth.

Correlations

Although various researchers' definitions of financial stress differ, the indexes are, for the most part, intended to measure the same thing: the degree of financial instability reflected in economic and financial market variables. Thus, we expect to find that various FSIs are highly, but not exactly, correlated. Tables 4, 5, and 6 indicate that FSIs are no more correlated with each other than with FCIs. Regardless, if shocks hitting the financial markets are also propagated to the macroeconomy, then FSIs and FCIs would also be expected to have a high degree of correlation. Tables 4 through 6 show the correlations among the different indexes in the United States at various frequencies. Higher-frequency indexes are matched with lower-frequency ones by simple averaging.

Our hypothesis that the various indexes would not be exactly correlated is verified; this occurs because the different indexes, while intended to measure stress in general, emphasize different components of financial markets. Still, the overlap in the input data is substantial and makes the indexes highly correlated (typically over 0.7). Table 5 also indicates that the ANFCI tends to have the smallest correlation with the other eight indexes.

The correlations in Tables 4 through 6 are computed over the entire time sample. The FSIs, however, are designed to indicate when financial market instability is high. Thus, high correlation when markets are performing well may be misleading. On the other hand, low correlation during these same "safe" periods may not be troublesome if the FSIs do move together in times of stress.

Table 4**Correlation of Daily Frequency Financial Indexes**

	CLNFCI	BFCI	CFSI	GSFCI
CLNFCI	1			
BFCI	0.84	1		
CFSI	0.73	0.79	1	
GSFCI	0.82	0.86	0.75	1

NOTE: Correlations are calculated for the overlapping samples of each index.

Table 5**Weekly Correlations**

	NFCI	ANFCI	STLFSI	CFSI	BFCI	GSFCI	CLNFCI
NFCI	1						
ANFCI	0.64	1					
STLFSI	0.90	0.52	1				
CFSI	0.79	0.48	0.75	1			
BFCI	0.94	0.63	0.92	0.79	1		
GSFCI	0.88	0.64	0.92	0.76	0.86	1	
CLNFCI	0.86	0.62	0.81	0.74	0.84	0.82	1

NOTE: Correlations are calculated for the overlapping samples of each index.

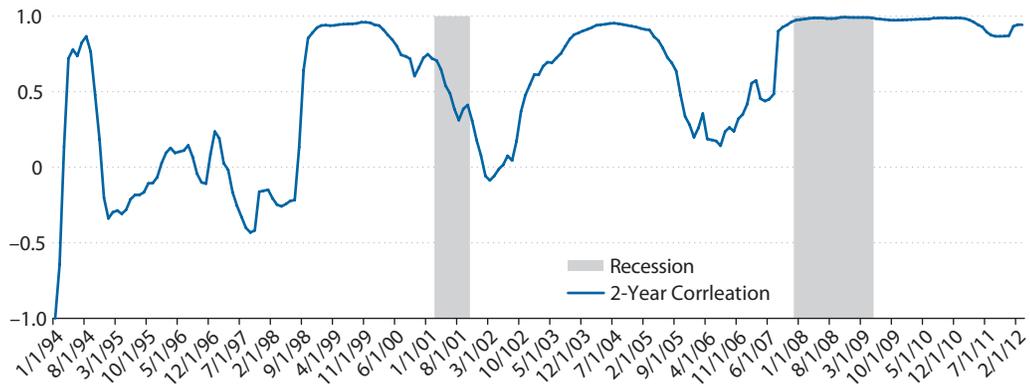
Table 6**Monthly Correlations**

	IMFFSI	KCFSI	NFCI	ANFCI	STLFSI	CLNFCI	BFCI	CFSI	GSFCI
IMFFSI	1								
KCFSI	0.86	1							
NFCI	0.68	0.95	1						
ANFCI	0.58	0.60	0.65	1					
STLFSI	0.78	0.92	0.90	0.52	1				
CLNFCI	0.78	0.82	0.87	0.64	0.82	1			
BFCI	0.83	0.96	0.95	0.63	0.92	0.85	1		
CFSI	0.69	0.80	0.79	0.51	0.76	0.76	0.80	1	
GSFCI	0.81	0.87	0.88	0.66	0.92	0.83	0.87	0.77	1

NOTE: Correlations are calculated for the overlapping samples of each index.

Figure 5

Two-Year Rolling Correlation of St. Louis Fed and Kansas City Fed FSIs



NOTE: Shaded areas denote recessions as defined by the National Bureau of Economic Research.

To assess whether there is some time variation in the correlations, we compute a rolling 2-year centered correlation for two of the FSIs: the STLFSI and the KCFSI. Figure 5 shows a nearly perfect correlation during the Great Recession and recovery, as well as in a period of financial stability in the late 1990s/early 2000s. Interestingly, correlations between the two series were different in the earlier period. Before the 2001 recession, which was relatively shallow and short, the correlation between the two FSIs was initially high but then declined prior to and during the recession. An opposite pattern occurred prior to and during the 2007-09 period. Since the two recessions were very different in magnitude and duration and the principal causes arose from different shocks, it might seem reasonable to conclude that FSIs differ in their ability to discern shocks across business cycles, particularly if these shocks are heterogeneous. Admittedly, data limitations prevent rigorous testing of this hypothesis. Still, Figure 5 suggests some indexes may perform better than others in predicting economic downturns, particularly if the shocks are idiosyncratic. Presumably, though, all of the FSIs and FCIs would do well in predicting economic downturns arising from systemic shocks, such as the 2007-09 recession.

Stress may also propagate through international financial markets faster than economic shocks; thus, a high level of correlation in the FSIs across countries might be expected. Table 7 shows the correlations for some of the indexes around the world and two U.S. indexes. For example, the correlations between the STLFSI and international indexes over the sample periods for which the series overlap range from 0.23 (Korea) to 0.91 (Bloomberg EU); the average is 0.66. The other U.S. index in Table 7 is the IMFFSI. Its correlation ranges from 0.40 (Korea) to 0.78 (STLFSI); the average is 0.65. Thus, while the correlation between these two U.S. FSIs and the international indexes is relatively high, the cross-country correlations in Table 7 are generally lower on average than the U.S.-only correlations in Table 6. This suggests that, once again, not all shocks are propagated fully across international financial markets.

Table 7**U.S. and International Correlations (Monthly Series)**

	U.S. IMFFSI	STLFSI	Euro CISS	Greece FSI	Bank of Canada	Bloomberg EU	Germany IMF	France IMF	U.K. IMF	Italy IMF	Korea IMF	Japan IMF
U.S. IMFFSI	1											
STLFSI	0.78	1										
Euro CISS	0.64	0.89	1									
Greece FSI	0.47	0.50	0.51	1								
Bank of Canada	0.72	0.78	0.51	0.22	1							
Bloomberg EU	0.75	0.91	0.89	0.56	0.66	1						
Germany IMF	0.58	0.77	0.66	0.40	0.65	0.81	1					
France IMF	0.46	0.44	0.27	0.29	0.45	0.59	0.31	1				
U.K. IMF	0.77	0.82	0.69	0.49	0.72	0.80	0.64	0.34	1			
Italy IMF	0.46	0.56	0.34	0.39	0.58	0.65	0.32	0.61	0.48	1		
Korea IMF	0.40	0.23	0.12	0.40	0.45	0.43	0.30	0.26	0.36	0.43	1	
Japan IMF	0.51	0.72	0.56	0.44	0.63	0.76	0.53	0.17	0.70	0.26	0.29	1

NOTE: Correlations are calculated for the overlapping samples of each index. CISS, Composite Indicator of Systemic Stress; EU, European Union.

Forecasting Experiments

Our next objective is to determine whether the various FSIs predict economic growth. To do this, we conduct a series of simple pseudo out-of-sample forecasting experiments.¹¹ The forecasting model is a simple bivariate vector autoregression of the form

$$Y_t = C + A(L) * Y_{t-1} + \varepsilon_t,$$

where Y_t is a vector consisting of the period- t values of an economic indicator (say, industrial production) and an FSI, $A(L)$ is a matrix polynomial in the lag operator, C is a constant, and ε_t is the period- t reduced-form residual assumed to have a mean of zero and an unknown covariance matrix. We determine the lag order of $A(L)$ using the Bayesian information criterion. Since our forecasting exercises are only illustrative, we choose three macroeconomic indicators and one financial market indicator and generate the forecasts separately. The three nonfinancial indicators are the seasonally adjusted annualized monthly growth rates of industrial production and the seasonally adjusted annualized quarterly growth rate of GDP. The financial indicator is the period-to-period percent change in the Wilshire 5000 stock price index. We use the 2012:Q3 and 2012:Q1 vintages of data (i.e., not real-time data). The FSIs are aggregated to the monthly and quarterly frequencies by computing the simple monthly average. We consider all horizons up to one year ahead.

The experiments are conducted on a common sample (2000:01–2011:11 or 2000:Q1–2011:Q3) and full samples for each series (see Appendix A) as follows: First, we split the sample after taking the first 5 years of data, taking this as time t . The vector autoregression is estimated using data from the beginning of the sample (Appendix B).¹² Then, we forecast the horizons $t+1$,

Table 8

Relative RMSEs of Monthly Forecast of Industrial Production

Months ahead	Indexes								
	CFSI	BFCI	CLNFCI	GSFCI	ANFCI	NFCI	STLFSI	IMFFSI	KCFSI
<i>Common sample</i>									
1	1.97	1.72	1.92	1.97	1.00	1.81	1.93	1.89	1.74
2	2.03	1.72	1.97	2.02	1.00	1.82	1.94	1.95	1.76
3	2.10	1.74	2.07	2.07	1.00	1.81	1.97	1.99	1.75
4	2.20	1.79	2.13	2.19	1.00	1.90	2.06	2.14	1.73
5	2.37	1.89	2.29	2.35	1.00	2.01	2.19	2.41	1.88
6	2.50	1.96	2.33	2.45	1.00	2.03	2.31	2.47	1.89
7	2.52	1.97	2.37	2.49	1.00	2.02	2.32	2.52	1.87
8	2.56	2.00	2.39	2.57	1.00	2.08	2.37	2.59	1.88
9	2.60	2.05	2.41	2.65	1.00	2.16	2.44	2.66	1.90
10	2.56	2.00	2.43	2.65	1.00	2.15	2.42	2.60	1.88
11	2.52	1.99	2.43	2.66	1.00	2.17	2.42	2.61	1.90
12	2.52	1.99	2.48	2.70	1.00	2.07	2.40	2.56	1.87
<i>Full series</i>									
1	1.48	1.60	1.48	2.07	1.05	1.00	1.46	1.05	1.17
2	1.55	1.62	1.53	2.13	1.05	1.00	1.48	1.05	1.18
3	1.61	1.67	1.59	2.19	1.06	1.00	1.53	1.06	1.20
4	1.70	1.73	1.64	2.33	1.07	1.00	1.62	1.07	1.23
5	1.78	1.78	1.71	2.50	1.06	1.00	1.70	1.07	1.28
6	1.87	1.83	1.76	2.62	1.07	1.00	1.78	1.07	1.30
7	1.91	1.85	1.81	2.67	1.07	1.00	1.83	1.07	1.31
8	1.94	1.86	1.84	2.74	1.07	1.00	1.86	1.08	1.32
9	1.93	1.85	1.85	2.81	1.06	1.00	1.89	1.07	1.33
10	1.96	1.89	1.90	2.82	1.06	1.00	1.89	1.08	1.36
11	1.95	1.90	1.91	2.84	1.07	1.00	1.91	1.09	1.38
12	1.95	1.91	1.92	2.88	1.07	1.00	1.91	1.09	1.38

$t+2, \dots, t+12$ for monthly industrial production and the Wilshire 5000 and the horizons $t+1, t+2, \dots, t+4$ for quarterly GDP. Then, we add the next observation of both the economic indicator and the FSI, repeating the estimation and the forecast. Finally, we compute the forecast errors by comparing the forecasts at the different horizons with the realized values.

Tables 8 through 10 present the RMSEs for these forecasting experiments. Rather than reporting the actual RMSEs, we instead report relative forecast errors. In each table, the RMSE of each variable at each forecast horizon is normalized to the lowest RMSE. Thus, an index value of 1.00 indicates that that variable has the smallest forecast error (RMSE) at that particular forecast horizon. All RMSEs at that horizon are then normalized to that RMSE. As an example, in the top panel of Table 8, at the 1-month-ahead forecast horizon, the ANFCI has the smallest RMSE. The BFCI has the next-lowest RMSE (1.72). This means that the RMSE of the BFCI is 72

Table 9**Relative RMSEs of Quarterly Forecast of GDP**

Months ahead	Indexes								
	CFSI	BFCI	CLNFCI	GSFCI	ANFCI	NFCI	STLFSI	IMFFSI	KCFSI
<i>Common sample</i>									
1	1.00	1.33	1.52	1.60	2.21	1.68	1.67	1.72	1.72
2	1.29	1.00	2.21	1.63	3.29	1.57	1.28	2.65	1.18
3	1.49	1.00	2.38	1.37	3.54	1.60	1.35	2.57	1.09
4	1.85	1.33	2.49	1.40	3.58	1.30	1.92	2.75	1.00
<i>Full sample</i>									
1	1.32	1.42	1.23	1.41	1.06	1.00	1.83	1.52	1.17
2	1.64	1.39	1.47	1.65	1.11	1.00	1.68	1.62	1.15
3	1.82	1.49	1.63	1.70	1.13	1.00	1.73	1.77	1.19
4	1.82	1.48	1.67	1.81	1.16	1.00	1.78	1.83	1.22

percent larger than the AFFCI at this horizon.¹³ Thus, if the actual RMSE of the ANFCI were 1.5 percent, then the forecast error of the BFCI would be 2.6 percent.

In general, there is little variation in the forecasting ability of the different indexes. As might be expected, the FCIs forecast the macroeconomic indicators better than the FSIs. This could be because the FCIs have a longer sample period than the FSIs and, moreover, have a broader coverage of data designed to predict macro fluctuations, whereas the FSIs are aimed primarily at predicting financial outcomes. Over the common sample, however, the FSIs and FCIs appear to forecast GDP growth equally well. When examining forecasts of changes in the Wilshire 5000, the NFCI, ANFCI, and IMFFSI have the smallest errors (though the NFCI and ANFCI contain the Wilshire 5000) for the full sample. Over the common sample, though, the STLFSI performs well. Regardless of the length of each forecast sample, the FSIs tend to outperform the FCIs in these forecasts.

As a final robustness check, we compute correlations among the FSIs and FCIs in Table 2 with two additional variables (Table 11). The first variable is the Arouba-Diebold-Scotti Business Conditions Index (ADS). The ADS is a mixed-frequency index intended to measure the state of the economy relative to its trend, or steady-state, growth. The second variable is the Senior Loan Officer Opinion Survey (SLOOS) of terms and conditions on commercial and industrial (C&I) loans at all commercial banks. The SLOOS is intended to measure how shocks affect the willingness of banks to extend C&I loans. A rise in the SLOOS index thus indicates that banks are tightening the terms and conditions on C&I loans to firms. The banks' willingness to lend is reflected in the price of the loan (interest rate) and the terms of the loan (for example, maturity and collateral requirements). Both measures are widely used indicators of macroeconomic and financial conditions.

Table 11 indicates that the FSIs and FCIs tend to be highly correlated with the ADS and SLOOS and are of the expected sign. Thus, when an FSI rises, the ADS tends to fall (weaker growth relative to trend) and banks tend to tighten terms and conditions on C&I loans. The latter is often taken as a sign that banks perceive that emerging macroeconomic and financial

Table 10

Relative RMSEs of Monthly Forecast of Wilshire 5000

Months ahead	Indexes								
	CFSI	BFCI	CLNFCI	GSFCI	ANFCI	NFCI	STLFSI	IMFFSI	KCFSI
<i>Common sample</i>									
1	1.03	1.01	1.07	1.03	1.00	1.09	1.01	1.00	1.01
2	1.03	1.03	1.12	1.07	1.00	1.15	1.03	1.01	1.02
3	1.04	1.00	1.19	1.07	1.01	1.14	1.00	1.00	1.00
4	1.06	1.00	1.26	1.09	1.01	1.14	1.01	1.02	1.01
5	1.07	1.02	1.32	1.12	1.00	1.16	1.05	1.05	1.04
6	1.07	1.04	1.35	1.13	1.00	1.17	1.06	1.05	1.06
7	1.12	1.02	1.39	1.14	1.00	1.18	1.05	1.05	1.03
8	1.14	1.00	1.40	1.14	1.00	1.17	1.04	1.05	1.01
9	1.16	1.02	1.43	1.14	1.00	1.20	1.05	1.05	1.02
10	1.16	1.02	1.50	1.10	1.00	1.27	1.03	1.03	1.00
11	1.19	1.05	1.64	1.09	1.03	1.37	1.04	1.04	1.00
12	1.21	1.04	1.79	1.07	1.04	1.38	1.03	1.02	1.00
<i>Full sample</i>									
1	1.29	1.31	1.37	1.44	1.01	1.00	1.33	1.01	1.20
2	1.30	1.33	1.41	1.53	1.00	1.00	1.34	1.01	1.20
3	1.30	1.31	1.44	1.53	1.00	1.00	1.33	1.01	1.20
4	1.32	1.33	1.46	1.56	1.00	1.00	1.33	1.01	1.20
5	1.35	1.38	1.52	1.69	1.01	1.00	1.38	1.03	1.24
6	1.36	1.40	1.54	1.73	1.01	1.00	1.42	1.03	1.25
7	1.36	1.37	1.50	1.65	1.00	1.00	1.38	1.02	1.22
8	1.37	1.36	1.51	1.63	1.00	1.00	1.37	1.02	1.21
9	1.37	1.36	1.56	1.66	1.00	1.00	1.40	1.02	1.22
10	1.37	1.37	1.62	1.66	1.00	1.00	1.37	1.02	1.22
11	1.38	1.38	1.68	1.60	1.00	1.00	1.38	1.02	1.22
12	1.38	1.39	1.73	1.57	1.01	1.00	1.38	1.02	1.22

conditions may increase the probability of default or delinquency on these loans. Thus, the SLOOS is countercyclical (falling in expansions, rising in recessions). Using the common sample in Table 11, the correlations range from -0.59 (ANFCI) to -0.83 (KCFSI) for the ADS and from 0.56 (ANFCI) to 0.80 (KCFSI). In short, these results support our hypothesis that rising levels of financial stress or weaker financial conditions tend to presage periods of economic and financial weakness.

CONCLUSION

Financial stress indexes have become an important component of risk management for policymakers and the private sector. Financial stress, though, is unobservable and, thus, difficult

Table 11**Correlations with Economic Indicators**

Index	Arouba-Diebold-Scotti Business Conditions Index (Monthly)	Senior Loan Officer Opinion Survey (Quarterly)
<i>Common sample</i>		
IMFFSI	-0.75	0.65
KCFSI	-0.83	0.80
NFCI	-0.81	0.74
ANFCI	-0.59	0.56
STLFSI	-0.78	0.70
CLNFCI	-0.73	0.57
BFCI	-0.80	0.76
CFSI	-0.67	0.65
GSFCI	-0.68	0.58
<i>Full sample</i>		
IMFFSI*	-0.56	0.68
KCFSI	-0.76	0.78
NFCI*	-0.45	0.75
ANFCI*	-0.13	0.33
STLFSI	-0.76	0.71
CLNFCI	-0.67	0.58
BFCI	-0.76	0.78
CFSI	-0.57	0.64
GSFCI	-0.66	0.55

*Sample begins 1990:02.

to define. For these reasons, several private firms, researchers, and central banks have constructed their own FSIs using various series that focus on different forms of systematic risk. In this paper, we surveyed these measures. Generally, we find that the various FSIs are highly correlated. This is probably not surprising because, first, they are all intended to measure effects of shocks that arise in (i) financial markets and spread to the real economy or (ii) the real economy and are propagated in the financial markets. In the latter case, though, shocks that increase financial instability in general would be expected to also affect the macroeconomy through wealth effects, balance sheet effects, or some other transmission mechanism.

The second reason these indexes are highly correlated is that they are generally constructed from overlapping or very similar series. Another distinction concerns the difference between FCIs and FSIs. Since FCIs tend to use more economic indicators, such as loan or debt measures, they tend to produce better forecasts of macroeconomic conditions, on net. However, the forecast errors between the FSIs and FCIs are relatively small. This variation in forecast errors is also a reflection of the available data. Some indexes have observations spanning 30 years or more, whereas others have sample periods less than 20 years. All else equal, estimates based on longer sample periods have an advantage over estimates based on shorter sample periods.

NOTES

- ¹ Several other events around this period also contributed to the rise of financial market instability. For example, see the Federal Reserve Bank of St. Louis Financial Crisis Timeline (<http://timeline.stlouisfed.org/>).
- ² See Kindleberger and Aliber (2005) or Reinhart and Rogoff (2008).
- ³ One can view this through the lens of the dividend discount model, which posits that the current stock price depends on the current dividend and the assumed growth rate of future dividends relative to the investor's required return on equities.
- ⁴ Some indicators use sophisticated statistical techniques to derive an indicator from mixed-frequency data (for example, combining weekly and monthly data).
- ⁵ As described later, principal component analysis (PCA) strives to find a common factor that statistically links—for lack of a better term—each of the series used to construct the FSI or FCI. Some FSIs, such as the STLFSI, use the first PC as the index. Unbalanced panels are datasets that begin and/or end on different dates.
- ⁶ An on-the-run Treasury security is the most recently issued security traded in the secondary market. A security becomes off-the-run if it is replaced with a newly issued security of the same initial maturity. Most FSIs use yields of on-the-run Treasury securities to calculate credit risk and term premiums.
- ⁷ Swaptions are options granting their owners the right but not the obligation to enter into an underlying swap.
- ⁸ PCA uses an orthogonal transformation to convert a set of observations of potentially correlated variables into a set of values of uncorrelated variables. In other words, the PCs that are constructed (there are more than one) are assumed to be uncorrelated (orthogonal). For each PC, the analysis determines a (weighted) linear combination of the variables that maximizes the percentage of the total variance of each series. The first PC explains the largest percentage of the variance, the second PC the next most, and so on.
- ⁹ Technically, they construct CDFs for each of the 11 series used to construct the FSI. The flow of funds sector shares (weights) are then used to aggregate the 11 CDFs.
- ¹⁰ The NFCI assumes that economic and financial conditions are correlated. The difference between the NFCI and the ANFCI is that the latter is an isolated measure of financial conditions that are assumed to be uncorrelated with economic conditions. The BFCI values were multiplied by -1 for clearer comparisons with the other indexes examined. Without this change, negative values would indicate periods of high stress.
- ¹¹ A pseudo out-of-sample forecast uses the sample period that includes the actual data. By contrast, a normal out-of-sample forecast predicts data for variables beyond the actual sample period.
- ¹² For full-sample estimates, this date is the first date that the FSI examined is available. For the common sample, this date is 2000:01 or 2000:Q1.
- ¹³ We do not test whether these differences are statistically significant.

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APPENDIX A

Start Dates for Full Series

Index	Start Date (Month/Year)
CFSI	1/1994
BFCI	1/1994
CLNFCI	6/1994
GSFCI	1/2000
ANFCI	1/1979
NFCI	1/1979
STLFSI	12/1993
IMFFSI	12/1980
KCFSI	2/1990

APPENDIX B

Lag Lengths for Forecasts*

Index	Dependent variable		
	IP	GDP	Wilshire
CFSI	2	2	1
BFCI	2	2	1
CLNFCI	1	2	1
GSFCI	2	2	2
ANFCI	3	2	1
NFCI	3	2	2
STLFSI	2	2	1
IMFFSI	3	3	1
KCFSI	4	2	1

*Industrial production (IP) and Wilshire lag lengths are months; GDP lag lengths are quarters.



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