Americans have among the highest living standards in the world and have enjoyed rising living standards for decades. Median household income in the United States in 2015 was $56,516, up from $49,276 in 2010. However, gains in household income have not been evenly distributed across all income groups. Income inequality has been increasing in the United States since the 1970s, peaking in 2013 (Figure 1). A 2015 Gallup poll found that 63 percent of Americans feel that the distribution of U.S. money and wealth is unfair. While many factors contribute to income and wealth inequality, the role of education is a key piece of the puzzle.

NOTE: The Gini coefficient (also known as the Gini ratio or index) is a common measure of income inequality within a nation. It gauges income inequality on a scale from 0 to 1: the higher the number, the higher the level of inequality. The lowest U.S. value was 0.386 in 1968, and the highest value was 0.482 in 2013. In 2015 the, Gini coefficient was 0.479.

The Basics

When people earn income, they use that income to do three things: pay taxes, buy goods and services (consume), and save. Saving is not spending on current consumption or taxes and involves giving up some current consumption for future consumption. The accumulation of money set aside for future spending and consumption is known as savings. Americans don’t save as much as those in other industrialized nations. The U.S. personal saving rate has dropped substantially over the past 50 years (Figure 2). As of September 2016, the U.S. personal saving rate was 5.7 percent, whereas it has historically averaged 8.4 percent (since 1959). By comparison, German households saved 16.7 percent, on average, in 2015.

Saving is an essential component of building wealth. Wealth, also called net worth, is the total value of a person’s assets, such as liquid assets (cash or something you can easily turn into cash), real estate, businesses, and cars, minus any liabilities (money owed; debt). Saving to build wealth is an important part of financial planning. And debt is not necessarily a bad thing. Because income tends to start low at younger ages, borrowing (taking on debt) allows people to have things now and pay for them over time. In economic terms, this is called smoothing consumption. Income then tends to increase in middle age and decrease when people retire. Economists often use the life cycle theory of consumption and saving to explain this phenomenon. As shown in the model (Figure 3), people tend to borrow to purchase homes, cars, or an education when they are young, pay down debt and save a portion of their income during their peak working and earning years, and finally spend their saved money during retirement. Within this pattern of planned borrowing and saving, the hump-shaped pattern of income (the curved line) allows for smooth consumption (the horizontal line) across the lifecycle. Thus, saving—to build wealth—is essential for a higher quality of life during retirement.

Two similar terms must be differentiated here: Income is the payment people receive for providing resources in the marketplace. For example, people often receive paychecks twice a month. You may have heard people discuss the flow of income. Saving involves setting some of the flow of income aside to increase wealth. Wealth is the accumulation—or stock—of saved money. Notice that turning the flow of income into a stock of wealth requires saving money. There are several options for saving, including saving in a savings accounts or saving through the purchase of financial assets, which is called financial investment. People invest in financial assets with the aim of “making money”—they hope to earn interest, dividends, profits, and/or capital gains in the future.

Education and Income

The relationship between education and income is strong. Education is often referred to as an investment in human capital. People invest in human capital for similar reasons people invest in financial assets, including to make money. In general, those with more education
earn higher incomes (see the table). The higher income that results from a college degree is sometimes referred to as the “college wage premium.” Research shows that this premium has grown over time. In addition, in general, the more skills people have, the more employable they are. As a result, workers with more education have a lower average unemployment rate than those with less education (Figure 4).

**Education and Wealth**

The relationship between education and wealth is also strong. Of course, earning a higher income makes saving easier, and saving is necessary to build wealth. Those with lower incomes have a flatter (non-humped) income pattern, which makes saving and paying down debt more difficult. But those with more education also tend to make financial decisions that contribute to building wealth. It is important to realize, however, that anyone can follow the financial behaviors that well-educated families tend to practice, such as these:

1. **Have some liquid assets.** Liquid assets can help relieve financial distress during a difficult time without having to sell assets or accumulate debt. Liquid assets include savings accounts, stocks, and bonds.

2. **Diversify.** To diversify means to invest in various financial instruments to reduce risk. In addition to tangible assets such as houses and cars, those with higher levels of education also tend to hold a greater share of their savings in stocks, bonds, and businesses, which tend to provide higher returns (but also more risk of loss).

### Family Financial Outcomes Based on Education

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No high school diploma</td>
<td>12%</td>
<td>$22,320</td>
<td>$37,766</td>
<td>1.43</td>
<td>1 in 110</td>
</tr>
<tr>
<td>High school diploma</td>
<td>50%</td>
<td>$41,190</td>
<td>$95,072</td>
<td>2.15</td>
<td>1 in 18</td>
</tr>
<tr>
<td>Two- or four-year degree</td>
<td>25%</td>
<td>$76,293</td>
<td>$273,488</td>
<td>3.45</td>
<td>1 in 4.6</td>
</tr>
<tr>
<td>Advanced degree</td>
<td>13%</td>
<td>$116,265</td>
<td>$689,100</td>
<td>5.58</td>
<td>1 in 2.6</td>
</tr>
</tbody>
</table>

**NOTE:** *Based on the education level of a family headed by someone 40 years of age or older. **This ratio shows how much wealth each group has per dollar of income. For example, the ratio for families without a high school degree was 1.43, which means that, on average, for every $1 of income there was $1.43 of wealth. The ratio is a measure of how efficient people are at turning income into wealth.


### Figure 4
**Unemployment Declines as Education Increases**

![Figure 4](https://fred.stlouisfed.org/graph/?g=8ds7)

**NOTE:** In November 2016, the overall U.S. unemployment rate was 4.6 percent, but level of education matters. The unemployment rate for college graduates was 2.3 percent, while that for those with less than a high school diploma was 7.9 percent.


3. **Keep debt low relative to assets.** Those with low debt relative to assets pay lower interest rates. Those with high debt relative to assets pay higher interest rates, which can make it difficult to save. And, over longer periods, both savings and debt are susceptible to the effects of **compound interest**—which means that savings (or debt) can grow at exponential rates over time.

It is important to realize, however, that the relationship among education, income, and wealth is more complicated than simply more education yielding a higher income and more wealth. Factors such as natural ability...
The relationship among education, income, and wealth seems to be fairly strong. Economists, however, are not ready to say that education alone is the cause of higher income (and wealth). In fact, you might have heard the phrase, “correlation does not imply causation.” What does this mean? Well, just because two things seem related does not mean that one causes the other. For example, consider ice cream sales. They tend to increase when the rate of sunburn also increases. Does increased ice cream consumption, then, cause an increase in the sunburn rate? Not likely. In fact, a third factor strongly influences both—the weather. Demand for ice cream increases during the hot summer months, when more people tend to be outdoors and thus more likely to get a sunburn.

Likewise, while at least some of the college wage premium is due to the knowledge and skills acquired through education, other factors, such as the following, are surely at play:

- **Natural ability**: Those with high intellectual ability are more likely to complete college, and that ability contributes to success in the job market as well.
- **Assortive mating** (“like marries like”): Highly educated people tend to marry other highly educated people—which can double the wage premium and increase household income.
- **Inheritance**: People with more education are more likely to have parents with accumulated wealth and, thus, are more likely to receive an inheritance.
- **Better health and longer lifespans**: People with more education tend to be healthier, which enables them to work longer (increasing lifetime earnings) and live longer (collecting more lifetime benefits from Social Security and pensions).\(^\text{1}\)


Conclusion

Income and wealth inequality have been on the rise in the United States for decades. Research indicates that the level of education is strongly related to both income and wealth. Households with higher levels of education tend to have more liquid assets to withstand financial storms, diversify their savings (investments), and maintain low levels of debt relative to assets. These financial behaviors are effective strategies for building income into wealth. Because much of wealth building can be tied to financial decisionmaking, it is likely that financial literacy can play a key role in reducing wealth inequality over time.
Notes


5 U.S. Bureau of Economic Analysis, Personal Saving Rate [PSAVERT], retrieved from FRED®, Federal Reserve Bank of St. Louis, November 22, 2016; https://fred.stlouisfed.org/graph/?q=580A.


After reading the article, complete the following:

1. Define the following terms in your own words, then label each as either a “stock” or a “flow.”

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
<th>Stock or Flow?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Savings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wealth</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. Researchers look for relationships between variables. A **positive relationship** exists between two variables when an increase in one is associated with an increase in the other. For example, there is a positive relationship between outdoor temperatures and sales of air conditioners—as temperatures rise, so do sales of air conditioners. On the other hand, there is a **negative relationship** between two variables when an increase in one is associated with a decrease in the other. For example, there is a negative relationship between outdoor temperatures and sales of furnaces—as the temperature rises, sales of furnaces tend to fall. State the relationships between the variables in the table below.

<table>
<thead>
<tr>
<th>Variable 1</th>
<th>Variable 2</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outdoor temperatures</td>
<td>Sales of air conditioners</td>
<td><strong>Positive</strong></td>
</tr>
<tr>
<td>Outdoor temperatures</td>
<td>Sales of furnaces</td>
<td><strong>Negative</strong></td>
</tr>
<tr>
<td>Level of education</td>
<td>Income</td>
<td></td>
</tr>
<tr>
<td>Level of education</td>
<td>Unemployment</td>
<td></td>
</tr>
<tr>
<td>Level of education</td>
<td>Wealth</td>
<td></td>
</tr>
</tbody>
</table>
3. Explain why the relationship between education and income might not be as simple as it first appears.

4. What is necessary to turn income into wealth?

5. Describe how the following financial habits contribute to well-educated families' ability to build wealth over time:
   a. Liquidity
   
   b. Diversification
   
   c. Low debt relative to assets