If you ever ask an economist which stocks to buy, chances are you won’t get a specific answer. Instead, you might hear about the “efficiencies” of markets. In fact, there’s an old economics joke about market efficiency: Two economists walk down a sidewalk—one is older and wiser and the other is younger and less experienced. The younger economist says, “Look a $20 bill” and bends down to snatch it. The older economist says, “Don’t bother! It can’t be real or someone would have already picked it up.”

The joke is meant to exaggerate the belief held by many economists that markets quickly adjust to new information. Financial markets are said to be “efficient” if they leave no “money on the table” for very long. If there’s an opportunity to make a profit, buyers and sellers will swoop in and take it. Hence the joke—a $20 bill left on the street for any length of time might not be a real $20 bill at all.

**Making Money in the Stock Market**

Savers have many investment options to choose from. Investing in stocks has risks, but over time, the stock market tends to have higher average returns than other popular investment options (see the boxed insert “Stock Market Returns Over Time”). Investors earn money on their stock purchases through dividends and capital gains. **Dividends** are shares of a company’s net profits paid to stockholders. Dividends are often paid quarterly and are commonly associated with established, profitable companies. **Capital gains** are the profit from the sale of a financial investment—for example, when a stock is sold for more than the original purchase price.

Every investor hopes to earn high returns—dividends plus capital gains—while minimizing risk. An effective way to minimize the risk of investing in stocks (a relatively risky financial asset) is to diversify. **Diversification** means to invest in various financial instruments—not just a specific one.
So a diversified stock **portfolio** could include stock purchases across industries, company size, and even geography. Diversification reduces risk because it is unlikely that all the stocks in a portfolio will react the same way to market events. For example, if you invest all of your money in the stock of a single company that owns several beach resorts along the Gulf of Mexico, a severe hurricane could devastate your portfolio. In other words, don’t put all your eggs in one basket.

One financial instrument designed to provide investors with diversification is a mutual fund. A **stock mutual fund** is an investment product that pools the money of many investors to purchase a variety of stocks to make a profit for the investors. Most investors simply don’t have the time or money to create and manage such a fund on their own, so mutual funds offer a cost-effective way to diversify. A variety of stock mutual funds are available based on different investment strategies (e.g., growth funds or value funds—see the boxed insert “Stock Fund Investment Strategies”) and management strategies (active or passive).

### Stock Fund Investment Strategies

**Growth fund** managers focus on investing in companies expected to have faster-than-average growth—and higher-than-average returns. These companies tend to be riskier than average.

**Value fund** managers focus on investing in companies with stock prices that suggest they are undervalued. These companies tend to be mature companies that pay dividends and are less volatile than companies selected for growth funds.

#### Investment Management Strategies: Active and Passive

The active management investment strategy relies on a staff of highly paid analysts to build a portfolio of stocks. The goal is to earn high returns that “beat” (outperform) the stock market. Such analysts use research, forecasts, and judgment to recommend whether to buy, hold, or sell the given stocks. Analysts are always on the lookout for the best values or companies with strong growth prospects. Active investing relies on differentiating between a stock’s value and the market price. Warren Buffett—often called the most successful investor in the world—says, “price is what you pay; value is what you get.” A stock’s value is based on projected future earnings and growth prospects for the company. If a stock is determined to be undervalued—that is, believed to have a greater value than indicated by its market price—managers will buy it for their mutual fund. When the stock price rises above its value, they will sell it and earn capital gains for investors. Fund managers might also sell stocks in the portfolio that are predicted to underperform the market. This buying and selling accrues transaction costs (which reduce net gains). The most successful mutual funds are those that consistently outperform average stock market returns.
The passive management investment strategy is based on the efficient market hypothesis (EMH), which states that a stock’s current price reflects all relevant information about its current and future earnings. How is this possible? Stock prices change when information about the company (or the economy) changes. Imagine you hear the reporter on your favorite stock market news channel announce Chatport Technologies has just received a patent on a revolutionary new product. You consider buying Chatport stock because you predict the new product will reap huge profits for the company and its shareholders. Just as the reporter says the words “received a patent,” the graph on the screen shows the stock price has increased 10 percent. As it turns out, you were not the only investor who, upon hearing the news about Chatport, decided the stock was undervalued and is willing to pay a higher price for the company’s stock.

When news indicates a stock is undervalued, market participants respond by buying the stock, bidding its price up to its fair value. When new information indicates a stock is overvalued, investors quickly sell, putting downward pressure on the stock price, moving it back to its fair value. The EMH says that new information about a stock is “priced in” almost instantly—raising or lowering its price. For this reason, the EMH says the market price is the best reflection of a stock’s value based on current, available information. And, if prices reflect all available information, EMH suggests that the best strategy is to buy and hold a diversified portfolio and to minimize investment costs.

The passive strategy holds that the stock market is so efficient that active managers will not consistently beat the market because they will not be able to consistently pick undervalued stocks. And the extra research and transaction costs involved with actively managed mutual funds (which are passed on to investors) will offset gains. Although some actively managed mutual funds do outperform the market, data consistently show that a majority of them fail to outperform market averages reported by various indexes (such as the Dow Jones Industrial Average, Standard and Poor’s (S&P) 500, and Wilshire 5000). The goal of an index fund is to “replicate the market,” by simply buying the stocks included in a stock market index, such as the S&P 500 index. For example, for a given index fund, if Chatport Technologies were to represent 1 percent of the value of the S&P 500 index, the index fund manager would invest 1 percent of the mutual fund’s assets in Chatport stock. The S&P 500 index includes 500 of the largest publicly held companies in the United States, which means that mutual funds that replicate the S&P 500 index hold a diversified blend of large company stocks. An advantage of index funds is generally lower investment costs: Rather than paying the research and transaction costs of active management, index fund managers simply buy and hold the stocks on a given index.

Some research estimates that passive investment strategies save U.S. investors around $100 billion annually—one of the reasons economists tend to favor index funds over picking individual stocks.

Application of EMH: Index Funds

One type of mutual fund that follows a passive management strategy is an index fund. The goal of an index

![Graph showing S&P 500 index performance from 2008 to 2016.](https://research.stlouisfed.org/fred2/graph/?g=3gAs)

**NOTE:** The S&P 500 has increased 215 percent from its lowest closing value during the Great Recession (676.53 on March 9, 2009) to its most recent high (2130.82 on May 21, 2015).

**SOURCE:** S&P Dow Jones Indices LLC, S&P 500® [SP500]. Retrieved from FRED® (Federal Reserve Economic Data), Federal Reserve Bank of St. Louis, February 29, 2016; [https://research.stlouisfed.org/fred2/graph/?g=3gAs](https://research.stlouisfed.org/fred2/graph/?g=3gAs).

**Conclusion**

Investors who choose to invest in stocks through a mutual fund have a decision to make. Do they prefer an active or passive management strategy? Mutual funds that use an active management strategy rely on the research skills of analysts to differentiate between a stock’s value and its market price. Index funds, which use a passive management strategy, rely on the efficiency of the stock market.
market to price stocks at fair value. Both types of mutual funds provide investors with diversified portfolios of stocks. In the end, the choice is up to individual investors: Do they believe analysts can outperform average stock market returns by finding value others have missed or that the stock market is efficient and leaves no money on the table?

Notes


2 To “beat” the market means the portfolio earns a higher return than the market average or another appropriate measure of stock market performance. For example, a mutual fund focused on large U.S. companies will measure their success by their ability to outperform the S&P 500 index.

3 Chatport Technologies is a fictitious company.


5 Index fund managers use different methods to replicate the returns of a particular market index. With the replication method, they buy all the stocks in a particular index in the proportions they exist in that index (as described in the text). With the sampling method, they buy a representative sample of stocks in a particular index that attempts to reflect that index.
